

moyse french composers PDF

moyse french composers is a phrase that resonates deeply within the realm of classical music, particularly when exploring the rich heritage of French Baroque and early music traditions. François Joseph Gossec, Jean-Baptiste Lully, and Jean-Philippe Rameau are often highlighted as pivotal figures, but the contributions of lesser-known composers like Josse de Moyse and others have also significantly shaped the landscape of French musical history. In this article, we delve into the life, works, and influence of Moyse French composers, illuminating their importance in the evolution of French classical music.

Understanding the Context of French Composition in the Moyse Era

To appreciate the significance of Moyse French composers, it is essential to first understand the historical and cultural backdrop against which they created their works.

The French Baroque Period

The Baroque era in France, spanning roughly from 1600 to 1750, was characterized by elaborate musical ornamentation, grandeur, and a focus on dance forms and courtly entertainment. Composers like Lully and Rameau dominated this period, shaping the foundation for future French music.

The Role of the Court and Church

Music was deeply intertwined with royal court life and religious practices. Composers often worked for monarchs or religious institutions, creating works that reflected the grandeur and spirituality of the era.

Who Were Moyse French Composers?

While the term "Moyse French composers" is not traditionally associated with a specific school or movement, it often refers to a subset of French musicians and composers linked by their contributions during the same period or by their stylistic similarities.

Josse de Moyse: A Brief Biography

Josse de Moyse (also spelled Moyse or Moyse de Moyse) was a French composer and musician active in the late 17th and early 18th centuries. Though less renowned than his contemporaries, Moyse's work exemplifies the transition from the high Baroque to the early Classical style.

Key facts about Josse de Moyse:

- Active in the late 1600s and early 1700s.
- Known for his sacred and secular vocal compositions.
- His music reflects the influence of French and Italian styles.

Other Notable Moyse French Composers

While Josse de Moyse is the most prominent figure associated with this term, other lesser-known composers also contributed to the French musical landscape, including:

- Louis Moyse (a 20th-century flutist and composer, though from a later period)
- Pierre Moyse (an 18th-century composer with regional influence)

Note: The name "Moyse" appears in various contexts within French music history, sometimes referring to regional musicians or lesser-documented figures.

Musical Style and Contributions of Moyse French Composers

The style of Moyse French composers, particularly Josse de Moyse, reveals a blend of stylistic elements that characterized French music during their active periods.

Characteristics of Their Music

- French Ornamentation: Elaborate embellishments and ornamented melodies.
- Dance Influences: Use of dance forms like minuet, courante, and gavotte.
- Sacred and Secular Balance: Compositions catered both to religious settings and court entertainment.
- Use of Modal Scales: Reflecting the modal harmony prevalent in early French music.

Notable Works

While many of Moyse's compositions are archived in manuscript collections, some notable works include:

- Sacred motets
- Vocal solo and ensemble pieces

- Instrumental dance suites

Note: Due to limited historical documentation, many works are preserved in archives and remain less accessible to the public.

The Influence of Moyse French Composers on Later Music

Although not as widely recognized today, Moyse French composers contributed significantly to the evolution of French music.

Impact on French Sacred Music

Their sacred compositions helped shape the stylistic language of church music, emphasizing clarity of text and expressive melodies.

Influence on Dance and Court Music

The dance forms and secular pieces influenced the development of French operatic and instrumental music, laying groundwork for composers like Rameau and Du Mont.

Legacy and Modern Appreciation

- Revival of interest in early French music has led to performances of Moyse's works.
- Musicologists study their manuscripts to better understand the transition between musical eras.

Researching Moyse French Composers Today

For enthusiasts and scholars interested in exploring Moyse French composers further, several resources are invaluable:

- **Historical Manuscripts:** Archives in France, such as the Bibliothèque Nationale, house original scores.
- **Musicological Publications:** Journals dedicated to Baroque and early music often feature articles on lesser-known composers.
- **Modern Recordings:** Several ensembles specializing in early music have recorded works attributed to Moyse and similar composers.
- **Academic Institutions:** Universities offering musicology programs may have special collections or research projects on this topic.

Conclusion

While the name Moyse may not be as prominent as Lully or Rameau in the pantheon of French classical composers, the contributions of Moyse French composers?particularly Josse de Moyse?are invaluable for understanding the evolution of French musical styles. Their work embodies the intricate ornamentation, dance influences, and sacred motifs that define French Baroque and early Classical music. Exploring their compositions offers a richer, more nuanced appreciation of France's musical heritage and highlights the diversity of voices that shaped its cultural landscape.

By studying Moyse French composers, musicians, and enthusiasts not only gain insight into a specific historical period but also contribute to preserving and reviving the legacy of these often-overlooked artists. Their music continues to inspire contemporary performances and scholarly research, ensuring their place in the ongoing story of French classical music.

Keywords for SEO Optimization:

- Moyse French composers
- French Baroque music
- Josse de Moyse
- French sacred music
- French dance forms
- Early French composers
- French classical music history
- French music archives
- Baroque music revival

Moyse French Composers: A Deep Dive into Their Artistic Contributions and Legacy

The realm of French classical music is rich with a diverse tapestry of composers whose works have profoundly influenced the musical landscape. Among these, the Moyse French composers stand out as a significant yet often underappreciated group whose contributions span centuries, genres, and stylistic evolutions. Their compositions reflect a blend of French musical tradition, innovative techniques, and expressive depth. In this article, we explore the lives, works, and enduring legacy of Moyse French composers, highlighting their unique features, influences, and the reasons why their music continues to resonate with audiences and performers alike.

Historical Context of Moyse French Composers

Understanding the evolution of Moyse French composers requires a look into the historical and

cultural backdrop of France. From the Baroque period through the Romantic era and into the modern age, French musicians have been at the forefront of musical innovation.

Origins and Early Influences

The roots of Moyse French composers can be traced back to the flourishing musical centers in Paris, Versailles, and other French cities during the 17th and 18th centuries. Influences from Italian, German, and Spanish music blended with local traditions, shaping a unique French style characterized by elegance, clarity, and expressive nuance.

Development through the Ages

Throughout the 19th and 20th centuries, Moyse French composers evolved amidst significant cultural shifts—rising nationalism, the advent of modernism, and the challenges of two World Wars. These factors influenced their compositions, leading to a diverse range of styles from Romantic lyricism to avant-garde experimentation.

Notable Moyse French Composers and Their Contributions

While the term "Moyse" is not always explicitly used to categorize a specific group, certain composers exemplify the qualities associated with this tradition. Here, we examine some of the most influential figures.

Jean-Baptiste Lully (1632–1687)

Although primarily associated with Italian origins, Lully became a defining figure in French Baroque music, shaping the French style with his operas and court music.

Features:

- Mastery in dance music and operatic forms.
- Pioneered the French overture style.
- Emphasized clarity, elegance, and dance rhythms.

Pros:

- Laid foundational elements of French musical style.
- Influenced subsequent generations of composers.

Cons:

- His music can sometimes be perceived as overly formal or restrained by modern standards.

Claude Debussy (1862-1918)

A pivotal figure in Impressionist music, Debussy's innovative harmonic language and atmospheric textures revolutionized French composition.

Features:

- Use of modal scales and whole-tone scales.
- Emphasis on tone color and atmosphere.
- Pioneering orchestral and piano techniques.

Pros:

- Created a distinct musical language that expanded expressive possibilities.
- Influenced countless composers and genres.

Cons:

- His style was sometimes criticized for its ambiguity and lack of traditional structure.

Gabriel Fauré (1845-1924)

Known for his lyrical melodies and refined harmonic language, Fauré bridged Romanticism and modernism.

Features:

- Elegant melodies and subtle harmonies.
- Focus on vocal music and chamber works.
- Emphasis on mood and expression.

Pros:

- Developed a uniquely French sense of lyricism.
- Influenced later composers like Ravel and Poulenc.

Cons:

- His restrained style might seem conservative compared to more radical contemporaries.

Francis Poulenc (1899-1963)

A member of Les Six, Poulenc's music embodies wit, charm, and emotional depth.

Features:

- Mélange of humor and seriousness.
- Use of neoclassical elements.
- Incorporation of religious and popular music influences.

Pros:

- Highly accessible and emotionally engaging.
- Versatile, composing for piano, vocal, chamber, and orchestral music.

Cons:

- Some critics viewed his eclectic style as lacking cohesion.

Thematic Elements in Moyse French Compositions

Many Moyse French composers share common thematic and stylistic elements that define their works.

Elegance and Clarity

French music is often characterized by its clarity of line and elegant phrasing. This is especially evident in the works of Lully and Fauré, where every note is carefully crafted.

Expressive Nuance

From Debussy's atmospheric textures to Poulenc's emotional melodies, nuanced expression is a hallmark of their compositions.

Innovation within Tradition

While rooted in classical forms, many composers pushed boundaries?Debussy with his harmonic innovations, Ravel with orchestral color, and Poulenc with eclectic influences.

Legacy and Influence of Moyse French Composers

The contributions of Moyse French composers extend beyond their immediate era, shaping modern musical thought and practice.

Impact on French National Identity

Their works helped forge a sense of cultural identity, emphasizing qualities like elegance, refinement, and innovation.

Influence on Contemporary Music

Modern composers, performers, and musicologists continue to study and perform their works, ensuring their legacy endures.

Educational Contributions

Many of these composers also contributed to music education, inspiring generations of musicians through their compositions and pedagogical works.

Challenges and Criticisms

Despite their achievements, Moyse French composers faced various challenges.

Common Criticisms:

- Overemphasis on formality and tradition.
- Perceived conservatism in certain periods.
- Limited international recognition compared to their German or Italian counterparts.

Counterpoints:

- Their adherence to tradition provided a foundation for innovation.
- Many works are now appreciated for their craftsmanship and emotional depth.

Conclusion: The Enduring Charm of Moyses French Composers

The Moyses French composers represent a vital chapter in the history of Western music. Their mastery of form, emphasis on expressive nuance, and innovative spirit contributed significantly to the development of French musical identity. While some may view their style as rooted in tradition, their ability to infuse their works with elegance, clarity, and emotional depth ensures their relevance today. Whether through the refined melodies of Fauré, the atmospheric textures of Debussy, or the eclectic charm of Poulenc, these composers continue to enchant audiences and inspire musicians worldwide.

In appreciating their legacy, one recognizes the importance of balancing tradition with innovation? a trait that defines the true spirit of Moyses French composers. Their music remains a testament to France's rich cultural heritage and its ongoing influence on the global musical landscape.

Question Who was Moyses, and what is his significance in French classical music? Louis Moyses was a renowned French flutist and composer, celebrated for his contributions to French music and his promotion of French musical heritage through performance and education. What are some notable compositions by Moyses? While Louis Moyses is primarily known as a performer and educator, he also arranged and edited many French works, including those by composers like Debussy and Ravel, making them accessible for students and performers. How did Moyses contribute to the French flute tradition? Moyses was instrumental in revitalizing the French flute tradition through his performances, teaching at the Conservatoire de Paris, and editing French flute repertoire, thereby influencing generations of flutists. Which French composers' works did Moyses popularize? Moyses helped popularize works by French composers such as Claude Debussy, Maurice Ravel, and Paul Taffanel, often through arrangements and pedagogical editions. What is the connection between Moyses and the French composer Taffanel? Louis Moyses was a great advocate of Paul Taffanel's flute techniques and repertoire, editing Taffanel's works and promoting his pedagogical approaches. Are there any recordings of Moyses performing French compositions? Yes, Louis Moyses recorded many French works, including pieces by Debussy, Ravel, and other French composers, showcasing his exceptional flute playing. How did Moyses influence the teaching of French flute music? Moyses's pedagogical editions and his emphasis on French stylistic nuances significantly shaped the way French flute music is taught and performed worldwide. Did Moyses compose original works inspired by French musical traditions? While primarily known for his performances and arrangements, Moyses did compose some original works and exercises that reflect French stylistic elements. What is the legacy of Moyses in French classical music today? Moyses's legacy endures through his recordings, editions of French repertoire, and his influence on flute pedagogy, ensuring the French musical tradition remains vibrant. Are there any notable students or successors of Moyses in the French flute tradition? Yes, many prominent flutists and

educators worldwide cite Moyse as a major influence, continuing his pedagogical methods and promoting French flute music.

Related keywords: French composers, Moyse, French classical music, French violinists, 20th-century composers, French musical tradition, Moyse recordings, French chamber music, French violin techniques, Moyse biography

French cooking in early america

French cooking in early America played a pivotal role in shaping the culinary landscape of what would become the United States. From the earliest colonial settlements to the development of regional cuisines, French culinary traditions left an indelible mark on American food culture. This rich heritage reflects a blend of European sophistication and local influences, creating a unique gastronomic tapestry that continues to influence modern American cuisine today. Exploring the history, key influences, signature dishes, and legacy of French cooking in early America reveals how this culinary tradition helped define the nation's diverse food identity.

Historical Roots of French Cooking in Early America

The French Colonial Presence in North America

French culinary influence in early America primarily stems from the presence of French explorers, settlers, and traders. The French established several important colonies, including:

- New France (Canada): Spanning modern-day Quebec and parts of eastern Canada.
- Louisiana Colony: Founded in 1699, with New Orleans becoming a major hub of French culture and cuisine.
- Other settlements: Including parts of the Mississippi River Valley, which facilitated the spread of French culinary traditions.

French settlers brought their culinary techniques, ingredients, and dining customs with them, which gradually integrated with local ingredients and indigenous cooking practices.

The Role of French Cuisine in Early Colonial Society

French cuisine in early America was characterized by:

- Emphasis on rich, flavorful sauces and complex preparations.
- Use of local ingredients such as game, seafood, and native herbs.
- Adoption of European culinary techniques like sautéing, braising, and baking.

French culinary traditions often signified wealth and sophistication and were primarily enjoyed by the colonial elite, including traders, landowners, and aristocrats.

Key Influences of French Cooking in Early America

Techniques and Ingredients

French culinary techniques introduced in early America included:

- Sautéing and braising: Techniques to develop deep flavors.
- Use of roux: As a base for sauces and stews.
- Baking and pastry-making: Bringing French bread, cakes, and pastries to the American colonies.

Ingredients that became staples due to French influence include:

- Butter and cream: For sauces and pastries.
- Herbs like tarragon, thyme, and tarragon: To flavor dishes.
- Wild game and seafood: Such as duck, oysters, and fish, reflecting regional availability.

Influence on American Culinary Traditions

French cooking contributed to the development of several iconic regional cuisines, notably:

- Louisiana Creole and Cajun cuisine: Blending French, Spanish, African, and Native American influences.
- New Orleans cuisine: Known for its sophisticated use of sauces, spices, and seafood.
- The development of haute cuisine: French culinary techniques laid the groundwork for formal dining and gourmet cooking in America.

Signature Dishes of French-influenced Early American Cuisine

Classic French Dishes Adopted in America

Many dishes originating from French culinary traditions became staples in early America, including:

- Coq au Vin: Chicken braised with wine, mushrooms, and onions.
- Bouillabaisse: A seafood stew originating from Provence but adapted in coastal regions.
- Ratatouille: A vegetable medley that showcased regional produce.
- Crêpes and Pastries: French bread and pastry techniques influenced American baking.

Louisiana Specialties

Louisiana, especially New Orleans, became a culinary melting pot, famous for dishes such as:

- Gumbo: A hearty stew combining French roux, local seafood, and spices.
- Jambalaya: A rice dish with French, Spanish, and African influences.
- Bananas Foster: A dessert that reflects French-American fusion.
- Beignets: French-style fried doughnuts served with powdered sugar.

The Legacy of French Cooking in Early America

French Culinary Institutions and Their Impact

The establishment of French culinary institutions and elite kitchens in colonial America helped preserve and transmit French cooking techniques. Notable examples include:

- French-trained chefs: Who brought refined techniques to American courts and restaurants.
- Culinary schools and cookbooks: Such as early American editions influenced by French cuisine.

French Influence on American Food Culture Today

Modern American cuisine continues to reflect French influences through:

- The prominence of French-inspired fine dining and haute cuisine.
- The popularity of French baking, including croissants and baguettes.
- The integration of French sauces like béchamel, hollandaise, and velouté into American cooking.

French Culinary Heritage in Contemporary America

French-American Fusion Cuisine

Today, chefs blend French techniques with American ingredients, creating innovative dishes. Examples include:

- French-inspired brunch dishes.
- Modern takes on classic French comfort foods.
- Fusion cuisines that combine French, Creole, Cajun, and other regional styles.

Preservation and Celebration of French Culinary Traditions

Many American culinary institutions and festivals celebrate French heritage through:

- Cooking classes and demonstrations.
- Food festivals highlighting French-American cuisine.
- The continued popularity of French bakeries and cafés.

Conclusion

French cooking in early America served as a cornerstone of the nation's culinary development, influencing regional cuisines, refining cooking techniques, and elevating the dining experience. From the sophisticated dishes of New Orleans to the hearty stews of Louisiana, French culinary traditions have persisted and evolved, shaping America's diverse food landscape. Today, the legacy of French cooking continues to thrive, celebrated for its artistry, technique, and timeless appeal—an enduring testament to the deep historical roots of French cuisine in early American history.

Keywords for SEO optimization: French cooking in early America, French culinary influence, American cuisine history, Louisiana Creole cuisine, French techniques in America, early American dishes, French recipes in America, French heritage in American food, Louisiana cuisine, French pastry traditions

French Cooking in Early America: A Culinary Heritage Rooted in Tradition and Adaptation

Introduction

French cooking in early America embodies a fascinating blend of cultural preservation, adaptation, and innovation. As European settlers arrived on the continent, they brought with them not only their language and customs but also their rich culinary traditions. The influence of French cuisine, particularly from regions such as Normandy, Brittany, and the Parisian culinary scene, played a

significant role in shaping the early American palate. This culinary legacy persisted through the colonial period and into the formation of a unique American cuisine, reflecting both the heritage of French immigrants and their interactions with indigenous ingredients and other European settlers. Exploring this history offers insight into how French culinary principles established roots in early America and evolved amid new landscapes and diverse cultural influences.

The Origins of French Culinary Influence in America

French Immigration and Settlement Patterns

In the early 17th and 18th centuries, French explorers and settlers established colonies along the Atlantic coast, most notably in present-day Louisiana. The Louisiana region became a focal point of French cultural and culinary influence, with French explorers, traders, and settlers bringing their traditions across the Atlantic. These early French communities, including the notable French Creoles, maintained their culinary identities through local ingredients and cooking techniques.

The Role of French Culinary Traditions

French cuisine, renowned for its sophistication, techniques, and emphasis on sauces, was highly regarded in Europe and carried over by immigrants to the New World. French cooking was characterized by:

- Methodical Techniques: Saut  ing, braising, roasting, and poaching.
- Rich Sauces: B  chamel, velout  , espagnole, and hollandaise.
- Structured Courses: Appetizers, main courses, and desserts.
- Use of Fresh Ingredients: Butter, herbs, wines, and locally available produce.

In early America, these principles were initially preserved within French immigrant communities, especially in Louisiana, where the culinary traditions remained more intact due to relative isolation and continued French governance.

French Culinary Practices and Adaptation in Colonial America

Integration with Indigenous and Local Ingredients

French cooks in early America faced the challenge of sourcing ingredients unfamiliar from Europe. They adapted their traditional recipes to incorporate native ingredients such as:

- Corn: Replacing wheat-based bread with cornbread.

- Local Fish and Seafood: Incorporating oysters, catfish, and other freshwater or coastal catches.
- Wild Game: Utilizing venison, wild fowl, and other game meats.
- Vegetables: Sweet potatoes, squash, okra, and peppers.

This adaptation led to the development of new regional dishes that retained French techniques but reflected local flavors.

The Evolution of French-Inspired Dishes

Some early American dishes influenced by French cuisine include:

- Gumbo: A stew combining French roux techniques with Native American and African ingredients.
- Jambalaya: A rice dish blending French cooking methods with local ingredients.
- Crêpes and Pastries: Baked goods brought by French immigrants adapted to available ingredients.

The Role of French Culinary Education and Cookbooks

In colonial America, cookbooks and culinary manuals from France influenced home cooks and professional chefs alike. Notable publications, such as "Le Cuisinier Royal et Bourgeois" by François Pierre La Varenne, provided foundational techniques that were modified to suit American ingredients.

French Influence in Colonial Cities and Louisiana

New Orleans: A Culinary Melting Pot

As the most prominent hub of French influence in early America, New Orleans became a vibrant center of culinary exchange. French settlers, enslaved Africans, Caribbeans, and other immigrant groups contributed to a unique Creole cuisine that blended French techniques with Caribbean spices, African flavors, and indigenous ingredients.

- Creole Cuisine: Characterized by rich, spicy, and hearty dishes.
- Cooking Methods: Emphasized slow simmering, use of roux-based sauces, and complex spice blends.
- Signature Dishes: Shrimp Creole, Crawfish Étouffée, and Oysters Rockefeller.

The Impact of French Culinary Education in Louisiana

French culinary schools and chefs in Louisiana preserved traditional techniques and passed them down through generations, ensuring that French culinary principles remained central to the region's cooking.

French Culinary Techniques and Their Transmission

Classical French Techniques in Early America

Many foundational techniques of French cuisine found their way into American kitchens, including:

- Sauce Making: The backbone of French cuisine, emphasizing emulsification and reduction.
- Dégraissage: Clarifying fats and broths to achieve purity of flavor.
- Pâtisserie Skills: Pastry making, including puff pastry, tart shells, and éclairs.

The Role of French Chefs and Culinary Mentorship

Traveling French chefs, such as the legendary Marie-Antoine Carême, influenced American cooks through cookbooks and culinary demonstrations. Their emphasis on presentation, precise techniques, and the importance of sauces became a standard in American fine dining.

The Legacy and Continuing Influence of French Cooking in America

19th and 20th Century Revival

French culinary principles gained renewed popularity in America during the 19th and early 20th centuries with the advent of French-trained chefs and the rise of French-inspired restaurants. French cooking schools, such as Le Cordon Bleu, furthered American chefs' mastery of French techniques.

Modern Interpretations and Fusion

Today, French influence remains evident in American cuisine through:

- French-American Fusion: Combining French techniques with local ingredients and flavors.
- Gourmet and Haute Cuisine: Fine dining establishments emphasizing French culinary methods.
- Culinary Education: French cooking techniques are foundational in culinary schools across the U.S.

Preservation of Regional French Influence

Louisiana's Creole and Cajun cuisines continue to showcase the deep-rooted French culinary traditions, blending them seamlessly with African, Caribbean, and indigenous flavors.

Conclusion

French cooking in early America is a testament to the enduring power of culinary tradition and its capacity for adaptation. From the early colonial period through the development of regional cuisines like Creole and Cajun, French techniques and principles provided a foundation that evolved in response to new ingredients, cultural influences, and changing tastes. Today, the legacy of French cuisine remains a vital part of America's culinary landscape, celebrated for its techniques, rich flavors, and cultural significance. Whether in historic dishes, high-end restaurants, or everyday home cooking, the influence of French culinary artistry continues to enrich American food culture, connecting the past with the present in a delicious continuum.

Question How did French cooking influence early American cuisine? French cooking introduced techniques such as sautéing, braising, and the use of rich sauces, which significantly shaped the development of American culinary traditions, especially in regions with French settlements. **What role did French chefs or culinary traditions play in early American colonies?** French chefs and culinary practices were often brought by settlers and traders, contributing refined cooking techniques and recipes that blended with indigenous and other European influences in early America. **Which French dishes were popular in early America?** Dishes such as coq au vin, ratatouille, and French bread became popular among the colonial elite, reflecting the sophistication of French cuisine and its adaptation to American ingredients. **How did French culinary techniques spread in early America?** French techniques spread through the migration of French chefs, the establishment of French-influenced kitchens, and the publication of cookbooks that shared French recipes and methods with American cooks. **Were French ingredients commonly used in early American cooking?** Yes, ingredients like wine, butter, herbs, and fine cheeses were incorporated into early American recipes, reflecting French culinary influence and trade connections. **Did French cooking influence the development of specific American dishes?** Absolutely; French techniques and ingredients contributed to the creation of dishes like gumbo, jambalaya, and certain pastry recipes, blending French and local flavors. **How did French culinary traditions adapt to American ingredients in early America?** French chefs adapted their recipes by substituting local ingredients such as native herbs and meats, creating unique regional styles that retained French techniques. **What was the significance of French culinary influence during the American Revolution?** French culinary influence was prominent among the colonial aristocracy and revolutionaries, symbolizing sophistication, and French techniques were often associated with the ideals of refinement and enlightenment. **Are there any surviving French-American recipes from early colonial times?** Yes, some recipes documented in early cookbooks and household manuals reflect French techniques and ingredients, serving as a testament to the lasting influence of French cooking in America.

Related keywords: French cuisine, early American food, colonial gastronomy, French influence,

New France culinary, 18th-century cooking, French immigrants, colonial recipes, French culinary traditions, early American kitchens

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